

FWEGA March Newsletter

Hello FWEGA!

March is fast approaching and with it comes our annual stitchy holiday- Nashville Market! There are some great releases and I hope you are enjoying the anticipation of future projects.

We have lots to talk about so let's get right down to it.

Our General Meeting is March 1st at 9:30am at our regular location at UTA Pickard Hall. Claudia is teaching the hem stitch for the program and there is an attachment with information on the email.

If you are looking for ways to become more active in the chapter, there will be three opportunities discussed at our meeting. I hope you consider participating in one or more of them.

Also, we would love you to join us at 10am on Saturday, March 8 for the Needle Arts Love Story. If we have a group of 8 or more, tickets are \$15 instead of \$20.

2025 Bingo challenge. Cards are still available for \$5 per card and can be purchased at the meeting or on our website.

Our Chapter is registered in the Community Rewards Program with Kroger. Anyone who shops at Kroger just needs to go to their Profile, click on My Account, then click on Community Rewards. Under Organization, put in Fort Worth Chapter Embroiderers Guild of America. Our Chapter number is NQ284.

If you are looking to expand your stitching education, I attached an email I received for a discounted class with Hand and Lock in the email.

Wishing you a great week and hope to see you soon!

Jeanne

president@fortworthega.com

FEBRUARY HIGHLIGHTS

March 1- General Meeting
UTA, Pickard Hall 9:30

- General Meeting 9:30

Saturday, March 8 at
10:00am- Needle Arts Love
Story

Stitchy Sundays- 11am-1pm

WIP Wednesdays- 4-8pm

IMPORTANT LINKS

[FWEGA General Meeting](#)

[FWEGA WIP Wednesday](#)

[FWEGA Stitchy Sunday](#)

[FWEGA Website](#)

[SC Region Website](#)

[EGA Website](#)

UPCOMING EVENTS



2025 SCR Seminar
June 12-14



2025 National Seminar
Nov 12-16

[A Needle Arts Love Story](#)
[March 7-9](#)

Hemstitch Tutorial

Write-up by Claudia Ruiz

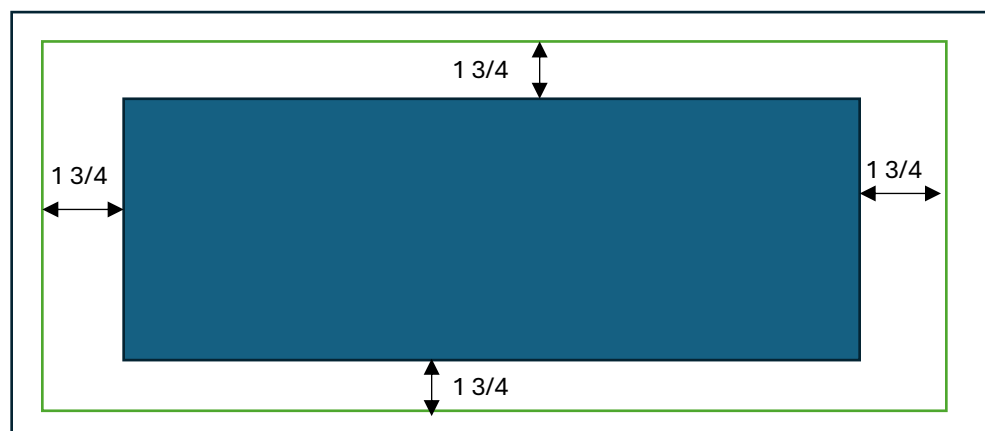
This tutorial will teach you how to finish a piece of embroidery with a 1 inch stitched hem.
Based on Krista West's tutorial https://youtu.be/ogzq_bdAftc?si=XHortEJ8XOvThU4B

Materials

- A stitched piece of fabric or a spare piece of fabric of a square or rectangular shape.
 - The fabric can be any size you want, but you will need a distance of at least 2 inches (it can be more) between the edge of your design and the edge of the fabric.
 - Recommended sizes in inches: 10 x 10, 10 x 12, 8 x 8, 10 x 8, etc.
- Sewing thread
 - That matches the fabric color for an invisible edge.
 - Or a contrasting color for better visibility.
- Needle 24 size chenille.
- Pins
- Ruler
- Tweezers
- Fabric scissors, thread scissors.
- Threader, magnification devices, lights, etc.

Procedure

- Cut the sides of the fabric to match
 - On each side of the fabric, do the following:
 - From the edge of your design, measure $1\frac{3}{4}$ inches toward the end of the fabric
 - Pull the thread that lands the closest to the $1\frac{3}{4}$ " mark.
 - Start pulling from the center of the fabric with a needle or pin.
 - Remove the thread completely from the fabric.
 - You will be left with a channel where the thread was.



- With your fabric scissors, cut the fabric through the channel of the removed thread.
- Fold the edges
 - Flip the fabric to the back.
 - Fold the raw edge of the fabric to meet the first line of stitches of your design.
 - Press the fabric, preferably with an iron.
 - Fold the raw edge to meet the previous fold.
 - Press the fabric, preferably with an iron.
 - Repeat for each side of the fabric.
- Make the mitered corners
 - Open the corner folds.
 - Fold the corner's raw edge to meet the corner point of the design.
 - Press the fold with an iron.
 - Cut the corner, leaving 3/8 inch of fabric.
 - Fold the corner edges together to form a peak and press with an iron.
 - Put a pin to hold the corner edges together.
 - Do the same for all corners
- Put pins in the hem to keep it together.
- Remove the hem threads
 - Starting from the edge of your design, count the threads all the way to the edge of the hem.
 - Pull out three threads closest to the edge of the hem, towards the edge of your design.
 - If there were 14 threads from the design edge to the hem, pull out threads 14, 13, and 12.
 - Use a needle to pull the thread from the middle of the fabric.
 - Remove the thread completely from the fabric.
- Make the hemstitch
 - Thread your needle with the sewing thread.
 - Start in the middle of the hem:
 - Anchor your thread by entering with your needle through the middle of the hem and exiting the fold edge of the hem.
 - Make two small anchoring stitches.
 - Put your needle under three bars of thread.
 - Pull out your needle
 - Put your needle into the hem at two threads under the beginning of the bar
 - Pull your needle out at an angle, at two threads under the end of the bar.

- Continue for the next three bars of thread.
- Make the hemstitch corners
 - Once you reach a corner:
 - If you have less than three bars for the last hemstitch, that's ok, take the hemstitch with however many threads you have left.
 - Tuck in the edges with your fingers, so they stay below the thread line.
 - Take an anchoring stitch on the hem.
 - Ladder stitch the edges of the corner together
 - Take a stitch on one of the edges and then cross over to the other edge and take a stitch there towards the point of the corner.
 - Cross to the previous edge and take a stitch there.
 - Keep crossing until you reach the point of the corner.
 - Tighten your thread to keep the corner together.
 - Once you reach the corner point and cannot take anymore stitches, put your needle through the fold and travel to the top of the edge of the corner on the next side.
 - Tuck in the fabric if any of it sticks outside the thread line of the hem. Use an extra anchor stitch if necessary.
 - Continue the hemstitches on the new side.
- To finish the thread
 - Take an anchoring stitch and then put your needle through the fold of the hem.
 - Take the needle out about an inch away and then cut the thread.

My name is Lucy Martin and I am the Head of Education at Hand & Lock. Hand & Lock have 250 years experience embellishing, embroidering and monogramming garments for the Royal family, the military and fashion houses including Dior, Hermes and Louis Vuitton. We are also the Royal Warrant holders for Embroidery and Accoutrements in the UK.

My professional experience includes hand embroidery for a number of couture fashion houses including Alexander McQueen, Ralph & Russo, Catherine Walker amongst others. My personal work can be viewed here: www.lucymartinembroidery.com or via my Instagram @lucymartinembroidery.

At Hand & Lock we are currently running a huge number of embroidery courses both in our London studio and online in our virtual studio. [Please click here to view our embroidery courses.](#)

We would love to invite you and your fellow members to our courses at Hand & Lock and we have arranged a special discount for **20% off**. Please use the code **SCHOOL20** for **20%**. Please note this discount code is limited to one use per member so please advise everyone to checkout with all of the courses they would like to do at once to maximise the discount they receive.

Best wishes and please let me know if you have any questions,

Lucy

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Lucy Martin
Head of Education



HAND & LOCK

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[Hand & Lock School for Embroidery & Creative Arts](#)